

# GET YOUR HANDS ON

# InShape

health, beauty & fitness fair

BIEL, MARCH 6 - 9 | 3 - 10pm



Register now at [www.inshapefair.com](http://www.inshapefair.com) & get your entrance badge

## 2015 HIGHLIGHTS

In Shape  
by **Beauty Clinic**  
**Leila Obeid**  
Daily | 5:00 - 8:30 pm

"Hannibal Warrior  
Training"  
Presented by  
**Amine Dib**  
Sat. 7 March | 5:30 - 6:30 pm

**Bridal Birds**  
by  
**Talal Tabbara**  
Sun. 8 March | 8:00 - 9:00 pm

Your Hair...  
by Your Way!  
**Jean Chedid**  
Sun. 8 March | 7:00 - 8:00 pm

In Shape  
**Beauty Prize**  
for  
Hair & Make-up  
Mon. 9 March | 6:30 - 9:00 pm

**RADICAL**  
FITNESS  
BREAKING ALL LIMITS  
Sun. 8 March | 12:00 - 3:30 pm

**Chef Charles Azar**  
Healthy Sweet  
Masterclass  
Daily | 7:00 - 8:00 pm

Get to Cook with  
**Anahid**  
Fri. 6 & Sun. 8 March | 5:30 - 7:00 pm

**Eat with Love!**  
Chef  
**Richard Khoury**  
Sun. 8 March | 6:30 - 7:30 pm

## EXHIBITORS IN THE HEALTH & BEAUTY AREA

- ALLEN CARR'S EASYWAY TO STOP SMOKING • APILUS-DECRO TEAM S.A.R.L. • BEAUTY CLINIC BY LEILA OBEID • BEAUTY EXPERTS SYNDICATE • BELVA S.A.R.L. • CARLOS STYLE SALON AND SPA • CATAFAGO CO. • CELLOGIQUE • CHAMBER OF COMMERCE, INDUSTRY AND AGRICULTURE OF BEIRUT AND MOUNT LEBANON • CRYSTAL'IN • DALANDA SIDANI • DIMA HEALTHCARE • DROGUERIE R. PHARAON & FILS S.A.L. - DROGUERIE MERCURY S.A.L. • EMC - ELIE MELHEM CLINICS • ENIGMA BEAUTY GROUP • ESTANOM GROUP S.A.R.L. • EYEDEAS SMART OPTICS • FADI MISPERIAN • FADI SAWAYA S.A.L. • FLASHMED • FM COSMETICS • GANNAGE WELLNESS S.A.L. • GEHWOL (EL KAH I FOR HEALTH & BEAUTY) • GHAZI TRADING COMPANY S.A.R.L. • GOMAC / GOFIT • GRG TRADING S.A.R.L. • HEALTH 3U • HEALTHLINE SHOP • HERB-MED S.A.R.L. • INGLOT COSMETICS • JAFFAN INTERNATIONAL • JEAN CHEDID - HAIR STYLIST • JOUEIDY DEVELOPMENT • KHAN AL SABOUN • LEBANESE ACADEMY OF BEAUTY • LEBANESE SOCIETY FOR OSTEOPOROSIS & METABOLIC DISORDERS - OSTEOS • LEBANESE SOCIETY OF FAMILY MEDICINE • LEBANESE SOCIETY OF OBSTETRICS AND GYNECOLOGY - LSOG • LIFE STYLE GENERAL TRADING (FASHION TV EYEWEAR) • L'ORIGINE • MAZAYA COMPANY FOR GENERAL TRADING (GLAMORSHINE) • MEDICA PHARMACEUTICAL S.A.L. - DERMO-COSMETICS • MEDICA PHARMACEUTICAL S.A.L. - SLIMMING & LASERS • MERSACO S.A.L. • MF BEAUTY ACADEMY • NAT DISTRIBUTION S.A.R.L. • NAZIH GROUP • OFFICE PROFESSIONAL MAKEUP • OPTIMAL MEDICS S.A.R.L. • PARAFORM-AESTHETIC EVOLUTION • PARFUMS NICHE S.A.R.L. • PERSONA MATTRESSES • PIERRE FABRE MEDICAMENT • PROMEDICA • R.B. PRODUCTS AGENT FOR SELECTIVE PROFESSIONAL • REVA HOUSE OF SLEEP • SMART BAGS • SOULAYMA HEALTH PRODUCTS • SWEETEN S.A.R.L. • SYNERGY PROSALES COMPANY • UNLIMITED S.A.R.L. • USHOP S.A.R.L. - AS SEEN ON TV • VIP BEAUTY CONCEPT • WHY NOT1 • YADUNA FOUNDATION-WOMEN HEART HEALTH CENTER

## EXHIBITORS IN THE FITNESS & SPA AREA

- ABOU ZARAA GYM • ALEY EQUESTRIAN CLUB • ALTITUDE MASK • BAILANDO GROUP S.A.R.L.: DANCE STUDIO & ENTERTAINMENT AGENCY • BIA BRAZIL • BIKETEC GROUP • CASIO - G-FACTORY • CIRQUENCIEL-ARCENCIEL • CJ HEALTH & FITNESS • EXTREME FITNESS • FANTASTIX • FITNESS PLANET S.A.R.L. • HANNIBAL RACE • HOUNA CENTER • LADY CLINIC • LEBANESE OPTICAL GROUP L.L.C. • PASSOS ALEGRES S.A.R.L. • PERFORMANCE FIRST HEALTH CLUB • POLAR LEBANON - FITNESSPRO • PROMAX • QUEST NUTRITION / SKINNY WATER • SHAPE UP SUPPLEMENT STORE • SPAS OF LEBANON • THE TV SHOP • UNIVERSITÉ ANTONINE (UA) • ZENOTEL WELLNESS RETREAT

## EXHIBITORS IN THE DIETARY AREA

- ATKINS • CALIFOOD CO. • CUISINE SANTÉ INTERNATIONAL LEBANON • DIET CENTER S.A.R.L. • ETS. EDMOND R. GORAIEB S.A.R.L. • FRESH HEALTHY CAFÉ • HERBALIFE • IHD - NATURALIA • JABAL EL-SHEIKH HONEY • JUICE UP • LE GOÛT DU DÉSIR • LINA RAMMAL'S DIET CENTER • MECATTAF TRADING CO. S.A.L. • MEDATCO • NESTLÉ FITNESS • NEXTY S.A.R.L. • PLEIN SOLEIL • RAINBOW G.B.I. • SIBLOU • SPINNEYS • U-FOOD S.A.L. • ZEPTER INTERNATIONAL

InShapeFair InShapeLB InShapeLB EsquareME

ORGANIZED BY SPONSORED BY MEDIA SPONSORS MEDIA PARTNERS SUPPORTING PARTNER

Entrance not allowed under 15